



## Description of this Thermometer

- ① ON/OFF button
- ② Display
- ③ Battery compartment cover
- ④ Measuring sensor / measuring tip
- ⑤ Cleaning and disinfecting area (thermometer probe only)

EN

## Technical Specifications

**Important Safety Instructions**

- For all instructions for use. This document provides important product operating and safety information regarding this device. Please read this document thoroughly before using the device and keep for future reference.
- This device is only to be used for measuring human body temperature through oral, rectal or axillary. Do not attempt to take temperatures at other sites, such as in the ear, as it may result in false readings and may lead to injury.
- Do not use this device if you think it is damaged or notice anything unusual.
- We recommend cleaning this device according to the cleaning instructions before first use for personal hygiene.
- The minimum measurement time until the beep is heard must be maintained without exception.
- Consider that different measurement locations may require combined cleaning even after the beep, see section "Measuring methods / Normal body temperature".
- Do not attempt rectal measurements on persons with rectal disorders. Doing so may aggravate or worsen the disorder.
- Ensure that children do not use this device unsupervised; some parts are small enough to be swallowed. Be aware of the risk of strangulation in case this device is supplied with cables or tubes.
- Do not use this device close to strong electromagnetic fields such as mobile telephones or radio installations. Keep a minimum distance of 3 cm from such devices when using this device.
- Protect the device from impact and dropping!
- Avoid bending the thermometer probe more than 45°!
- Avoid ambient temperature above 40 °C. NEVER boil this device!
- Use the cleaning and disinfecting area listed in this section "Cleaning and Disinfecting" to clean the device. Do not damage the device.
- We recommend this device is tested for accuracy every two years or after mechanical impact (e.g. being dropped). Please contact your local Microlife Service to arrange the test.

**WARNING:** The measurement result given by this device is not a diagnosis! Do not rely on the measurement result only. Batteries and electronic devices must be disposed of in accordance with the locally applicable regulations, not with domestic waste.

**Read the instructions carefully before using this device.**

**Type BF applied part**

## Turning on the Thermometer

To turn on the thermometer, press the ON/OFF button ①; a short beep signals "thermometer On". A display test is performed. All segments should be displayed.

The last measurement reading will be shown on the display ② automatically for 2 seconds with the "M" icon.

Then an automatic temperature of less than 32 °C, an "L" and a flashing "C" appear at the display field ②. The thermometer is now ready for use.

## Function Test

Correct functioning of the thermometer is tested automatically each time it is turned on if a malfunctions are detected (measurement inaccurate), the "L" and/or "C" on the display, the device becomes impossible. In this case, the thermometer must be replaced.

## Using the Thermometer

Choose the preferred measuring method. When taking a measurement, the current temperature is continuously displayed and the "C" symbol flashes. If the beep is heard 10 times and the "C" is no longer visible, the current temperature has been determined and the thermometer can be read now.

30 short beeps will sound when the temperature is higher than 37.5 °C in order to alert the patient that he/she may have a fever. Reference: Oral temperature.

To achieve comparable results allow a 1 minute interval time between measurements.

To prolong the battery life, turn off the thermometer by briefly pressing the ON/OFF button ①. Otherwise the thermometer will automatically turn off after about 10 minutes.

## Measuring methods / Normal body temperature

In the armpit (axillary) | 34.7 - 37.3 °C  
Wipe the underarm with a dry towel. Place the measuring sensor ④ on the skin and position the patient's arm next to the patient's body. This ensures that the room air does not affect the reading. Because the axillary takes more time to reach its stable temperature wait at least 5 minutes, regardless of the beeps sound.

In the mouth (oral) | 35.5 - 37.5 °C  
Do not eat or drink anything hot or cold 10 minutes before the measurement. The mouth should remain closed up to 2 minutes before starting a reading.

Position the thermometer in one of the two pockets under the tongue, to the left or right of the root of the tongue. The measuring sensor ④ must be in good contact with the tissue. Close your mouth and breathe evenly through the nose to prevent the measurement being influenced by inhaled air.

If this is not possible due to blocked airways, another method for measuring should be used.

Approx. measuring time: 10 seconds!

In the anus (rectal) | 36.6 - 38.0 °C  
Carefully insert the measuring sensor ④ of the thermometer 2 to 3 cm into the anal aperture. The use of a probe cover and of a lubricant is recommended. If you are unsure of this measurement method, you should consult a professional for guidance/training.

Approx. measuring time: 10 seconds!

## Cleaning and Disinfecting

For disinfection in home environment, use a 70% isopropyl alcohol swab, or a cotton tissue moistened with 70% isopropyl alcohol to wipe surface pollutants off the thermometer probe (note: consider the application and safety instructions of the disinfectant). After cleaning, dry the thermometer probe (note: the middle of the thermometer) towards the thermometer tip. Afterwards the entire thermometer probe (see number ⑤ in the drawing) should be immersed in 70% isopropyl alcohol for at least 5 minutes (max. 24 hours). After immersion, let the disinfectant dry off for 1 minute before next use. Avoid immersing or wiping the display to protect it from fading.

The thermometer is not intended for professional use.

## Battery Replacement

When the "M" symbol (upside-down triangle) appears in the display, the battery is flat and needs replacing. To replace the battery remove the battery compartment cover ③ from the thermometer. Insert the new battery with the "+" at the top. Make sure you have a battery of the same type to hand. Batteries can be purchased at any electrical store.

## Using the thermometer

Select the preferred measurement method. The display shows the current temperature and the "C" symbol.

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